

**Manav Rachna International Institute
of Research and Studies**

(Deemed to be University under section 3 of the UGC Act, 1956)

Institutional Social Responsibility



Annual Report

**Academic
Year
2023-24**

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MESSAGE

from the

VICE CHAIRPERSON

The Academic Year 2023-24 has been a reflection of our dedication to making a meaningful impact through our Institutional Social Responsibility (ISR) initiatives. At MRIIRS, we take pride in contributing to society by promoting sustainability, supporting education, and improving the quality of life in our communities. This year, our initiatives have been closely aligned with the United Nations Sustainable Development Goals (SDGs), focusing on areas such as environmental conservation, community welfare, and inclusive education.

Our efforts included impactful programs like tree plantation drives under the Unnat Bharat Abhiyaan, skill development workshops, and educational support for underprivileged children. We also worked towards promoting awareness on gender equality through initiatives that empowered young girls and encouraged their participation in education and skill-building activities. These programs highlight our belief in fostering equal opportunities for all.

The enthusiasm and dedication of our students, faculty, and staff have been the driving force behind these achievements. Together, we have continued to uphold our commitment to social responsibility and sustainability, contributing to a better future for the communities we serve.

As we move forward, I extend my sincere gratitude to everyone who has supported and participated in these initiatives. Let us continue to work together to create a positive and lasting impact on society, staying true to the values that define MRIIRS.

Dr. N.C. Wadhwa
Director General, MREI and Vice Chairperson
Dr. O.P Bhatta Foundation



Institutional Social Responsibility

The Dr. O.P. Bhalla Foundation, established in honor of the visionary founder Manav Rachna International Institute of Research and Studies (MRIIRS), Dr. O.P. Bhalla, is a testament to his lifelong commitment to societal betterment and holistic development. Rooted in the values of compassion, inclusivity, and sustainable progress, the foundation embodies the essence of community service and institutional social responsibility.

With a steadfast focus on empowering communities, the foundation bridges the gap between education, environment, health, and social welfare. Its initiatives are deeply aligned with the United Nations' Sustainable Development Goals (SDGs), ensuring that every project contributes toward building a resilient, inclusive, and sustainable society. The foundation serves as a conduit for channeling the resources, expertise, and goodwill of Manav Rachna International Institute of Research and Studies (MRIIRS) to address pressing societal challenges.

The Dr. O.P. Bhalla Foundation, the ISR arm of MRIIRS, undertakes various initiatives aimed at community development and social welfare. These include organizing career guidance programs, conducting summer classes for underprivileged children, promoting environmental conservation through tree plantation drives, and hosting blood donation camps. The following are the key initiatives through various activities are being performed to support the community and outreach activities.

1. Adoption of Villages under Unnat Bharat Abhiyaan

- Villages: Maujpur, Hirapur, Nariyala, Chhainssa, and Panhera Khurd.
- Upgrades include improved school facilities, solar panels, vocational centres, and educational resources.
- Organising various activities include skill development programs, mega plantation drives, donation drives and hygiene awareness campaigns at the adopted villages.

2. Margadarshan Program: The program provides psychometric tests and counseling sessions to help students identify their interests, abilities, and aptitudes, enabling them to make informed career choices.

3. Special Scholarship Schemes: Scholarships, financial aid, and mentorship programs are facilitated to ensure educational access and equity for underprivileged students.

4. Tree Plantation Drives: Regular Tree plantation Drives are Organized under the Unnat Bharat Abhiyaan, these drives focus on restoring ecosystems and raising environmental awareness among students and local communities.

5. Blood Donation Camps: Annual blood donation camps are held in honor of Dr. O.P. Bhalla, encouraging students and staff to voluntarily donate blood and save lives.

6. Health Camps: Regular health camps for Dental check Up, Mental healthcare, Physiotherapy and Nutrition are being organized at various NGO's and government schools to provide free healthcare services.

7. Computer and English Literacy Classes: MRIIRS student volunteers conduct classes during summer breaks at the Rescue Home for Boys in Faridabad, empowering marginalized children with essential skills.

8. Raddi Recycle Drives: The Raddi Recycling Drive at MRIIRS focuses on collecting and recycling waste paper from across the campus to reduce environmental impact and promote sustainable practices. The recycled paper is repurposed into useful products such as notebooks, envelopes, and paper bags,

which are utilized within the campus and distributed during events. This initiative not only helps in efficient resource management but also raises awareness about the importance of recycling among the campus community.

9. Environmental Awareness Campaigns: Workshops and activities are organized to promote sustainability practices and environmental stewardship within the university and the community.

10. Kaushal Karyashala (Skill Development Programme): Training sessions and workshops are conducted for rural communities to enhance employability and entrepreneurial skills.

11. Donation Drives: MRIIRS through the O.P. Bhalla Foundation, organizes impactful donation drives that align with their mission of community welfare and upliftment. Initiatives such as Ek Mutthi Daan, an annual drive for collecting and distributing grains to eradicate hunger, and Paridaan, a monthly clothing donation drive, bring relief to underserved populations. Drives like Share If You Care contribute essential items, including school supplies, disaster relief kits, and medicines, while Geriatric Care provides support to old-age homes in the Delhi NCR region through donations and volunteer efforts. Moreover, Legal-Aid Camps offer free legal assistance and awareness sessions to empower marginalized communities. These drives emphasize inclusivity, compassion, and sustainable development, fostering a sense of shared responsibility towards societal betterment.

12. Gender Equality and Inclusiveness: MRIIRS is deeply committed to fostering gender equality and inclusiveness as part of broader mission to empower communities and drive meaningful social change. The initiatives focus on breaking barriers, raising awareness, and creating equitable opportunities for all. Programs like Give Her Wings to Fly for menstrual hygiene awareness, Maitri to celebrate womanhood, and the annual International Women's Day events reflect the dedication to addressing societal challenges and promoting inclusivity.



Activities organized during the year

1. Educational Activities :

MRIIRS organizes capacity-building programs as part of its community outreach initiatives, focusing on Sustainable Development Goal 1 (SDG 1) – No Poverty. These programs aim to uplift underprivileged communities by providing vocational training, workshops, Communication and soft skills classes.

• Margdarshan Initiative

The Margdarshan initiative of Dr. OP Bhalla Foundation, aligned with SDG 1 (No Poverty), focuses on empowering students from economically disadvantaged backgrounds by providing them with career guidance and aptitude testing. By helping students from underprivileged schools identify their strengths, interests, and aptitudes, the initiative enables them to make informed decisions about their educational and career paths. This guidance, coupled with counseling and psychometric analysis, allows students to explore opportunities that align with their abilities, leading to enhanced employability and economic independence. Additionally, Margdarshan provides free resources, including one-on-one counseling and exposure to digital tools, thus equipping students with essential skills needed to sustainable livelihood. These activities are conducted on regular basis to guide the students.

During the year , under the Margdarshan Initiative, spearheaded by the Dr. O.P. Bhalla Foundation , multiple sessions were organized to empower students from economically disadvantaged backgrounds.



• 2nd November 2023 & 17th October 2023:

A total of 48 students from Government Boys and Girls Senior Secondary School(GBSSS) & (GBGSS), Old Faridabad, visited the Manav Rachna Campus for a Career Aptitude Test.

• 3rd November 2023:

A fourth batch of 56 students from the same school participated in the aptitude test, reaffirming the foundation's commitment to SDG 1 (No Poverty).

• 21st & 22nd November 2023:

Another set of 53 and 45 students respectively attended the Career Aptitude Test, followed by personalized career guidance from CDC counselors.

• 14th & 16th December 2023:

98 students participated in the test at Manav Rachna Campus and received training on how to use computers for online competitive exams.

• 18th April 2024:

Psychometric testing was conducted for 78 Grade 11 students from Sai Dham School, Sector 82, followed by one-on-

one counseling sessions with CDC experts, offering them valuable career guidance.

• 4th May 2024:

40 students from Navodya Vidya Niketan School, Village Bhiduki, underwent psychometric analysis and received career guidance through individual sessions with experts.

• 13th June 2024:

20 students from Shirdi Sai Baba School, Faridabad, participated in psychometric tests and counseling. Scholarships were assured to deserving students, ensuring that financial barriers do not hinder their access to higher education, in alignment with SDG 1.

• 24th June 2024:

18 students from Loria Pragatisheel Foundation, Faridabad, received personalized career guidance, helping them plan for financially sustainable futures. These one-on-one sessions ensured that students from economically weaker sections were equipped with the knowledge to succeed.

Through these impactful sessions, the Margdarshan Initiative continues to offer vital support to students, guiding them toward brighter and financially stable futures.



• **Kaushal Kaaryashala Programme:** **Vocational training for potential dropouts in collaboration with the National Skill Development Corporation**

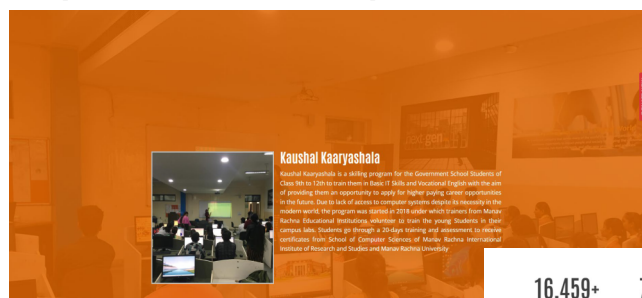
MRIIRS has collaborated with NSDC and Kedman (a joint venture of Manav Rachna and Kunsjapskolan, Sweden), to start a pilot project after approval from NSDC with an aim to cover 100 Schools in the State of Haryana. This project focuses on vocational training in 3 important Sectors: Retail, IT and Beauty & Wellness. This Project provides digital education through Labs equipped with laptops, overhead projectors aided by UPS, internet connectivity and modern furniture. A dozen vocational Labs have already been set up.

Approximately 47 million students drop out of school. They drop out of school to help support their families financially. The majority are unskilled and untrained, and they are vulnerable to exploitation by society and market forces. The Kaushal Kaaryashala Initiative of Dr. OP Bhalla Foundation aims to empower the Government School Students of Faridabad. The Kaushal initiative taken by Dr. OP Bhalla foundation and MRIIRS aims to empower government school pupils from standard 9th to 12th through variety of skill development program via. online and offline hybrid teaching method. Dr. O P Bhalla Foundation aims to impart skill sets necessary for better employment opportunities in the higher paying jobs.

Key Sessions under the Kaushal Initiative by Dr. O.P. Bhalla Foundation

• **October 21, 2023:**

A session was conducted for students from the Government School in Ankhir village, where they learned how to create PowerPoint presentations. Safe transportation to and from the campus was



provided for the students.

• **December 14 & 16, 2023:**

The second batch of the Kaushal Initiative's IT Skilling Program, consisting of 50 students from GSSS Ankhir (grades 9-12), attended close-to-final classes. They were taught Microsoft Excel and given a comprehensive revision of their syllabus.

• **January 9 & 11, 2024:**

These same students returned for their final IT Skilling Program classes, where they further honed their Microsoft Excel skills and received a final revision of the course content.

• **February 12, 2024:**

The final examination of the second batch of the IT Skill Training Program took place. Out of 50 students, 44 appeared, achieving a 100% pass rate. This remarkable accomplishment is a testament to the dedication of the students, who started the program without any prior knowledge of computers. The success highlights the importance of providing access to education in underserved areas. The Dr. O.P. Bhalla Foundation team commended the students and thanked trainers Mr. Arko Bagchi (SET) and Ms. Shilpa Bhatia (SCA) for their efforts.

• **May 2, 2024:**

As part of the third batch from GSSS Bhankri, a second class focusing on Microsoft Office basics, particularly MS Word, was conducted in collaboration with IIC, Manav Rachna University. The session was led by Dr. Prashant Bhardwaj, Dr. Meenakshi Gupta, and Mr. Piyush Mahendru, under the guidance of Dr. Parneeta Dhaliwal.

• **May 16 & 17, 2024:**

Additional classes were held for the third batch from GSSS Bhankri, continuing the focus on MS Word, helping students further develop essential IT skills.

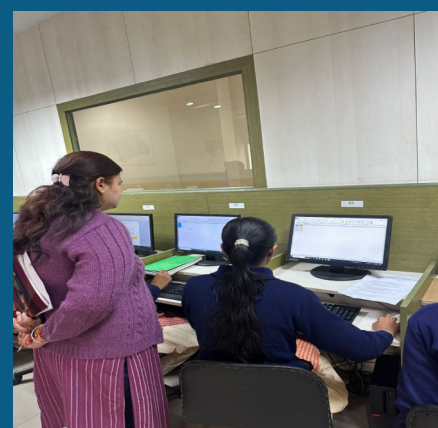
Our Impact

16,459+	700+	1,500+	13,100,875+
Students enrolled in various sessions	Students completed Kaushal Classes	Students received career counselling	Students registered on university

Photo Gallery



kaushal kaaryashala vocational training programme



- **Educational Outreach at Rescue Home for Boys, Faridabad conducted by Manav Rachna Institute of Research and Studies**

On 8th July, Manav Rachna organized a meaningful educational initiative where student interns dedicated their summer break to teaching Mathematics and Spoken English at the Rescue Home for Boys in Faridabad. After a month of intensive classes, the students were evaluated through a Mathematics test to measure their progress. The test, meticulously crafted by Ms. Pooja Khurana, who also supervised the assessment, aimed to assess the students' grasp of mathematical concepts and their learning growth over the period. The results were encouraging, showing noticeable improvements compared to their initial assessments. This initiative not only provided academic support but also aimed to empower these young learners with essential skills, fostering a positive impact on their educational journey. The dedication of the interns and the support of Manav Rachna highlight their commitment to uplifting communities through education and empowerment initiatives.



- **Psychological Analysis Test Conducted for GSSS Ankhir Students**

On 7th July, the Department of Psychology at MRIIRS, in collaboration with UPES Dehradun, organized a significant event aimed at assessing the mental well-being of students from GSSS Ankhir in classes 8 to 12. The initiative involved student interns from UPES Dehradun conducting a specialized psychological analysis test under the guidance of MRIIRS Department of Psychology. The purpose of this test was to delve into various aspects of the students' psychological profiles and behaviors. After administering the test, the results were carefully examined to identify students who might benefit from targeted individual counseling sessions. This proactive approach not only aimed to understand the students' emotional needs but also sought to provide personalized support to help them overcome any challenges they might face. The collaboration between MRIIRS and UPES Dehradun exemplifies a commitment to fostering mental health awareness and support within educational settings.



- **Summer Internship Programme**

The Summer Internship Programme started on 03.06.2024 with Interns from Manav Rachna International Schools, CW and 14, along with schools like HPCS and MC Sr Secondary School, UPES Dehradun, and MREI. The first day featured an introduction by Dr. Vaishali Mathur, followed by a motivating session with Dr. N C Wadhwa. Interns connected with Mentors like Dr. Meena Kapahi, Dr Mahak Sharma, Dr Shobha Shrivastava and Dr Supriya Shrivastava, focusing on areas like environment, health, and gender equality. A workshop on Effective Communication and Survey Writing was conducted by CDC (Ms. Abha).



- **Summer Internship Programme offered by ECE department, SET, MRIIRS for students of Polytechnic Institute**

The Summer Internship on "VLSI Design" was offered to 15 students of Government Polytechnic College for Women, Faridabad from July 29- August 28, 2024. By providing a structured and practical learning experience in advanced VLSI design concepts, the program contributes to the enhancement of technical education and skill development. Participants gained valuable knowledge and hands-on experience in Verilog HDL programming and CMOS design, which are crucial for careers in microelectronics and integrated circuits. The emphasis on practical implementation, critical thinking, and problem-solving reflects the commitment to fostering quality education. Moreover, the requirement to complete a project and publish a research paper encourages continuous learning and academic excellence, further supporting the goal of achieving quality education at all levels.



- **Summer Internship Programme offered by Civil department, SET, MRIIRS for students of Polytechnic Institute**

The 'Civil Engineering Planning and Practices' Summer Internship Program was offered to students the students of Government Polytechnic College for Women, Faridabad from July 29- August 28, 2024 to enhance their knowledge and skills in the civil engineering field. Spanning one month, the program was divided into two modules: Interactive Lecture and Hands-On Sessions, and Project Work.

Key features of the program included Building Planning based on Vastu principles, Building Marking, Strength and Quality Analysis of Construction Materials, Field Survey Techniques using modern equipment, Soil Investigation and Foundation Analysis, Construction and Concreting Techniques, Water Quality Analysis, Construction Bylaws, and Construction Safety Practices.

15 Participants gained enhanced practical skills in building planning, construction techniques, and material testing, alongside industry-ready knowledge of modern civil engineering practices and advanced equipment. The program also emphasizes proficiency in quality and safety analysis for construction materials, soil, and water. Through hands-on projects and research paper publication, students developed strong project management and research skills.





2. Health Care Activities:

MRIIRS, in collaboration with the Dr. O.P. Bhalla Foundation, has organized free health camps focusing on dental care, physiotherapy, and nutrition & dietetics to promote community well-being. These camps provided comprehensive health check-ups, including dental screenings, physiotherapy sessions for pain management, and personalized dietary consultations, benefiting individuals across diverse age groups. Such initiatives underscore the university's commitment to societal health and welfare. Following are some of the prominent health camps organized during the year

- **Anemia Mukta Manav Rachna: A Collaborative Campaign for Healthier Lives (11-04-2024)**

A recent survey conducted on our campus revealed a concerning statistic: approximately 600 out of 1,800 students were found to have low hemoglobin levels, a condition that can indicate anemia. To tackle this important health issue, we launched the Anemia Mukta Manav Rachna campaign in collaboration with the Department of Nutrition and Dietetics. This initiative is designed not only to raise awareness but also to provide practical solutions for students struggling with anemia. The campaign kicked off with an engaging and informative session, where students were educated about the various effects of anemia on their overall health, including fatigue, weakness, and impaired concentration. They also learned about the vital role of dietary changes in managing and

preventing anemia. Dr. NC Wadhwa, the Director General of MREI, attended the session and motivated students to actively participate in the campaign. He emphasized the importance of utilizing the resources and support available to them for their own well-being. To provide personalized guidance, students were organized into small groups, with each group paired with a dietitian. These dietitians will work closely with the students to help them make healthier food choices tailored to their individual needs. The plan includes follow-ups every two weeks to monitor progress and adjust dietary plans as necessary. This initiative is not just a one-time event; it will expand to include all schools across the campus, creating a comprehensive approach to promoting better health for everyone. By fostering awareness and encouraging healthy eating habits, we aim to reduce the incidence of anemia among students and improve their overall quality of life.



- **Health Camp at Dr. Suraj Prakash Hospital (10-04-2024)**

A series of Health Camps in honor of the late founder, the Dr. O.P. Bhalla Foundation teamed up with MRIIRS and Dr. Suraj Prakash Hospital to organize health Camp on April 10, 2024. This event took place at MD Public School in Ankhir Village, Faridabad, and aimed to provide essential healthcare services to the community. During the camp, 324 individuals received valuable consultations from various medical departments. These included Dental Sciences, where people could get their teeth checked; Physiotherapy, which helped those with physical issues; Nutrition, to guide healthy eating habits;

and Psychology, for mental health support. In addition to these specialized consultations, participants also received general health check-ups. This included important tests for blood pressure and sugar levels, which are essential for monitoring overall health. The health camp not only offered medical services but also raised awareness about the importance of health and wellness in the community. It provided an opportunity for residents to seek help and get advice on managing their health effectively. The foundation's efforts, along with the collaboration of the hospital and educational institution, made this event a great success, showing their commitment to improving the health of local residents.



- **Health Camp: A Collaborative Effort for Community Wellness at MRIS Charmwood, Faridabad (6-04-2024)**

As part of a series of Health Camps held in memory of the late founder, Dr. O.P. Bhalla Ji, the Dr. O.P. Bhalla Foundation joined forces with MRIIRS, MRU, the Rotary Club of NCR Golfers, FIA Charitable Society, and Dr. Suraj Prakash Hospital to organize the Health Camp on April 6, 2024, at MRIS Charmwood in Faridabad. This event aimed to provide vital healthcare services to the local community. During the camp, 200 people received consultations from various departments, including Dental Sciences, Physiotherapy, Nutrition, Psychology, and even legal advice. This comprehensive approach ensured that attendees could address not only their physical health but also their mental well-being and legal concerns. In addition to these specialized consultations, participants received general health check-ups, including important tests for blood pressure and sugar levels. A highlight of the camp was that 20 women had the opportunity to undergo free mammography, a crucial screening test for breast cancer. This initiative was designed to promote awareness and early detection of health issues, particularly among women. Overall, the camp provided an invaluable service to the community, reflecting the commitment of all organizations involved to improve health and well-being for everyone in the area.



- **Health Camp at Anangpur Village, Faridabad (22-03-2024)**

On March 22, 2024, the Dr. O.P. Bhalla Foundation, in collaboration with MRIIRS, MRU, and Dr. Suraj Prakash Hospital, held the Health Camp in Anangpur Village, Faridabad. This camp was part of an ongoing series aimed at providing essential health services to the community. During this event, a total of 225 people benefited from a range of consultations. Medical professionals from various departments were present, including Dental Sciences, where participants could get their teeth checked, and Physiotherapy, which offered support for physical health issues. There were also consultations available for Nutrition, helping people understand the importance of healthy eating, and Psychology, providing mental health support. Additionally, legal advice was offered to help residents with any legal concerns they might have. Participants also received eye check-ups to ensure their vision health was being monitored. General health consultations included important tests for blood pressure and sugar levels, which are crucial for identifying potential health risks. For women, there were specialized gynecological consultations available to address their specific health needs. This health camp not only provided vital services but also raised awareness about the importance of regular health check-ups and preventive care. The foundation's effort to bring these services to the community highlights their commitment to improving health and well-being for everyone, making a positive impact on the lives of the residents in Anangpur Village.



- **First Aid and CPR Workshop at Sneh Ashram, Faridabad (16-03-2024)**

The Dr. O.P. Bhalla Foundation recently organized a First Aid and CPR Workshop at Sneh Ashram, an NGO in Greenfields, Faridabad, dedicated to helping women from underprivileged backgrounds develop new skills. To ensure the training was effective, a certified trainer was invited to lead the workshop. During the session, 50 girls learned important

techniques for performing CPR and using First Aid in emergencies. Before the training began, a pre-survey was conducted to gauge the girls' existing knowledge about first aid and CPR. This helped the trainers understand what the participants already knew and how best to structure the workshop. After the training, a post-survey was conducted, and the results were impressive—many of the girls demonstrated a strong understanding of the skills they had just learned. The workshop not only equipped the girls with essential life-saving skills but also boosted their confidence in being able to help others in emergencies. To recognize their hard work and participation, certificates were awarded to all participants at the end of the workshop. This initiative by the Dr. O.P. Bhalla Foundation highlights the importance of skill development and empowers young women to make a positive impact in their communities by being prepared to assist those in need.



- **Health Camp organised by MRIIRS and Dr. Suraj Prakash Hospital at Shirdi Sai Baba School, Faridabad (12-03-2024)**

On March 12, 2024, the MRIIRS in collaboration with Dr. Suraj Prakash Hospital organized the Health Camp at Shirdi Sai Baba School in Faridabad, continuing a series of health initiatives in honor of the late founder, Dr. O.P. Bhalla Ji. This event was held in partnership with Dr. Suraj Prakash Hospital and aimed to provide essential health services to the local community.

Around 325 beneficiaries attended the camp, taking advantage of a wide range of health services. They received consultations in various fields, including Dental Health, Physiotherapy, Psychology, and Nutrition & Dietetics. In addition to these specialized services, attendees could also get important health checks, such as blood sugar and blood pressure tests, as well as consultations from a physician and a gynecologist.

This comprehensive approach ensured that participants could address multiple health concerns in one visit. The foundation expressed its gratitude to organizations like SAHS, MRDC, and SBSS for their valuable support in making the camp a success. Special thanks were also given to RMR for consistently promoting the health camps through special mentions by the radio jockeys, helping to raise awareness in the community. Furthermore, the foundation commended Team Mediashala for their dedicated coverage of the event, capturing important moments through photography and videography. This collaborative effort highlights the commitment of all involved to improve health and well-being in the community, making a positive impact on the lives of many individuals.



- **Health Camp organized at BPTP Grandeura, Faridabad (03-03-2024)**

On March 3rd, 2024, the MRIIRS in association with Dr. O.P. Bhalla Foundation, in collaboration with Dr. Suraj Prakash Hospital and Kotak Life, organized the Health Camp at the Club House in BPTP Grandeura, Sector-82, Faridabad. This health camp was part of an ongoing series aimed at providing essential health services to the community. Around 70 beneficiaries attended the camp, taking advantage of a variety of health services. They received consultations in several areas, including Dental Health, Physiotherapy, Psychology, and Nutrition & Dietetics. Participants also had the opportunity to get their eyes checked and undergo important health tests, such as blood sugar and blood pressure tests. Additionally, there were consultations available from a physician and a gynecologist, ensuring that everyone had access to comprehensive healthcare. To make the event even more engaging for families, an art competition was organized for children aged 6 to 12 years. The theme was "Healthy India, Fit India," and the children used their creativity to express the importance of

maintaining a healthy lifestyle. This not only encouraged the kids to think about health and wellness but also allowed them to showcase their artistic talents. Overall, the health camp was a successful initiative that not only provided essential health services but also promoted awareness about healthy living among children and their families. The event highlighted the foundation's commitment to community health and well-being, making a positive impact in the lives of the participants.



- **Health Camp organised at Rawal Institutions (28-02-2024)**

On February 28, 2024, the Dr. O P Bhalla Foundation, in collaboration with MREI, held the Health and Legal Aid Camp to honor the legacy of their founder, Dr. O P Bhalla Ji. This meaningful event took place at the Rawal Institutions and was designed to provide crucial services to the local community. With about 190 participants, the camp addressed a wide range of needs, offering support in dental health, physiotherapy, psychology, nutrition and dietetics, and legal aid. The dental health services included check-ups and treatment options, helping individuals maintain good oral hygiene. Physiotherapy sessions aimed to assist those recovering from injuries or managing chronic pain, ensuring they could improve their mobility and overall health. Additionally, psychological support was available for anyone facing mental health challenges, providing them with a safe space to talk about their feelings and receive guidance. Nutrition and dietetics experts were on hand to educate participants about healthy eating habits, which can significantly impact their overall well-being. Legal aid was also provided, helping individuals understand their rights and access necessary legal

resources. The success of the camp was evident in the positive feedback from participants, who expressed gratitude for the support and services they received. This event not only highlighted the foundation's dedication to enhancing health and well-being in the community but also reinforced the importance of accessible healthcare and legal resources for everyone. Through these efforts, the Dr. O P Bhalla Foundation continues to make a significant difference in the lives of many, carrying forward Dr. Bhalla's vision of compassion and service.



- **Health Camp Organised by MRIIRS in association with Udaan NGO at Community Centre, Sector-37, Faridabad (26-02-2024)**

On February 26, 2024, MRIIRS and Udaan NGO, successfully organized the Health and Legal Aid Camp to honor the late founder, Dr. O P Bhalla Ji. This camp took place at the Community Centre in Sector-37, Faridabad, and was designed to provide important services to people in the area. About 140 individuals came to the camp and benefited from various services that included dental health check-ups, physiotherapy sessions, psychological support, nutrition and diet advice, and legal assistance. At the camp, dental professionals helped participants with oral health concerns, ensuring they received necessary treatments and guidance on maintaining good dental hygiene.

Physiotherapists worked with attendees who were recovering from injuries or experiencing pain, providing exercises and support to help them feel better. The psychology team offered a safe space for people to discuss their mental health issues, providing comfort and professional advice. Nutritionists shared tips on healthy eating,

helping participants learn how to make better food choices for a healthier lifestyle. Additionally, legal experts were available to offer guidance on various legal matters, empowering individuals to understand their rights and access the help they needed. The event was a wonderful success, as it brought together many people seeking support and services they might not have had access to otherwise. This camp not only demonstrated the foundation's commitment to improving the health and well-being of the community but also highlighted the importance of collaboration among organizations to provide comprehensive assistance to those in need. Through these efforts, the Dr. O P Bhalla Foundation continues to honor Dr. Bhalla's legacy by making a positive impact in people's lives.



- **Health Camp Organized by MRIIRS and Dr. Suraj Prakash Hospital at Vidhayak Rajesh Nagar Ji Karyalya, Bhatola Village (17-02-2024)**

On February 17, 2024, the MRIIRS and Dr. Suraj Prakash Hospital, organized the Health and Legal Aid Camp as part of a series honoring their late founder, Dr. O P Bhalla Ji. This event took place at the Vidhayak Rajesh Nagar Ji Karyalya in Bhatola Village and was aimed at providing important health and legal services to the community. Around 120 people attended the camp and were able to access a range of services designed to meet their needs. During the camp, participants received general consultations, which helped them discuss their health concerns with doctors and get professional advice. Dental health services were also available, where attendees could have their teeth checked and treated, promoting better oral hygiene. Physiotherapy sessions were offered to help those dealing with injuries or physical discomfort, allowing them to

learn exercises that could improve their mobility. Psychological support was another key part of the camp, with professionals available to listen and help individuals dealing with stress or mental health issues. Nutritionists provided valuable information about healthy eating habits, helping participants understand how to improve their diets for better health. Eye tests were conducted to check for vision problems, ensuring that those who needed glasses or other care could receive it. Additionally, legal aid was offered to help individuals navigate their legal rights and find assistance with any legal issues they might face.

The camp was a great success, as it brought much-needed services directly to the community, making it easier for people to get the help they needed. This initiative reflects the foundation's commitment to improving the well-being of individuals and families, continuing Dr. Bhalla's legacy of compassion and service. Through collaboration with local organizations, the camp not only addressed health and legal needs but also strengthened community bonds, showing the power of working together for a common good.



- **Health Camp Organized by MRIIRS and Dr. Suraj Prakash Hospital at St. Peter's College, Sector 85, Faridabad (9-02-2024)**

On February 9, 2024, the Dr. O P Bhalla Foundation, in partnership with MRIIRS and Dr. Suraj Prakash Hospital, organized Health Camp as part of a series dedicated to the memory of their late founder, Dr. O P Bhalla Ji. This event took place at St. Peter's College in Sector 85, Faridabad, and aimed to provide essential health services to the community. A total of 185 people attended the camp and received consultations from various departments, including Dental Sciences, Physiotherapy, Nutrition, Psychology, and Law. The Dental Sciences team was particularly busy, as 107 patients took advantage of the dental services offered. This included check-ups, treatments, and advice on maintaining good oral health.

Additionally, the Physiotherapy department assisted 100 individuals, helping them with recovery from injuries or chronic pain through tailored exercises and therapies. The Nutrition department provided guidance to 93 people on healthy eating habits, emphasizing the importance of nutrition for overall health. Meanwhile, 83 individuals sought support from the Psychology team, which offered counselling and mental health support in a safe and welcoming environment. The success of this health camp was made possible by the collaboration and support from various organizations. The foundation expressed gratitude to FAHS, MRDC, FBSS, and Law for their contributions, as well as to RMR for promoting the camps through radio mentions. The team from Mediashala also played a vital role by capturing the event through photographs and videos, ensuring that the impact of the camp was well-documented. Overall, the event was a significant success, providing valuable services to the community and reinforcing the foundation's commitment to improving health and well-being in memory of Dr. Bhalla. It showcased the importance of teamwork and collaboration in making a positive difference in people's lives, highlighting how collective efforts can lead to meaningful outcomes for those in need.



- **Empowering Communities: Dr. O.P. Bhalla Foundation and Manav Rachna Launch of Health and Legal Aid Camps Series 2024 at Shri Sushma Swaraj Government College (1-02-2024)**

MRIIRS in association with Dr. O P Bhalla Foundation successfully launched the Health and Legal Aid Camps Series 2024 on February 1st. The first camp was held at Shri Sushma Swaraj Government College for Girls in Ballabhgarh, Faridabad. Over 140 beneficiaries participated, taking advantage of free consultations and check-ups in various health areas, including Dental Health, Psychology, Physiotherapy, and Nutrition & Dietetics, provided by teams from MRDC, the Department of Psychology, SBSS, and SAHS. In addition to health services, attendees received valuable legal awareness and assistance from the School of Law, helping them understand their rights and access necessary legal resources. The camp also featured free general physician check-ups and eye tests, in partnership with Dr. Suraj Prakash Hospital, ensuring that beneficiaries had a comprehensive approach to their health needs. The event was not only focused on health and legal support but also included refreshments sponsored by the Golden Lions Club, Faridabad Central, creating a welcoming atmosphere for all participants. Throughout the camp, beneficiaries received practical insights and advice aimed at improving their overall well-being. This initiative highlights the commitment of both organizations to provide essential services to the community, ensuring that individuals receive the support they need for both their physical and mental health.



- **Mega Health Camp at Shiv Public Senior Secondary School, Dhakiola, Faridabad (3-12-2023)**

On December 3, 2023, MRIIRS and Dr. O P Bhalla Foundation organized a Mega Health Camp in collaboration with

the Public Rights Protection Forum at Shiv Public Senior Secondary School in Dhakiola, Faridabad. This event aimed to provide essential health services to the community, and many people attended to take advantage of the free medical care. At the camp, a variety of health services were offered, including blood sugar testing, blood pressure checks, and physiotherapy. These services were important for helping individuals understand their health and manage any issues they might have. The team from SDS, MRIIRS also joined the effort, contributing their expertise to help even more patients. During the camp, the medical staff screened a total of 54 patients, providing them with necessary assessments and treatments. Out of those, 13 patients received physiotherapy to help with pain or mobility issues. Additionally, dental care was a key part of the services offered. Ultrasonic scaling, a dental cleaning procedure, was performed on 8 patients to improve their oral health, while 5 patients received dental fillings to treat cavities. The Mega Health Camp was a great success, bringing together healthcare professionals and community members to promote health and well-being. This initiative not only provided vital services but also raised awareness about the importance of regular health check-ups, making a positive impact on the lives of many individuals in the area.



- **Mega Health and Mammography Camp Organized by Dr. O.P. Bhalla Foundation at Manav Rachna International School, Sec-21C (2-12-2023)**

On December 2, 2023, a mega health camp and mammography camp were

held at Manav Rachna International School in Sector 21C. This event was organized by the MRIIRS in association with Dr. O P Bhalla Foundation in collaboration with the Rotary Golfers Club and Rotary Club Aravali Faridabad. The camp aimed to provide essential health services to parents and associates of the school, ensuring that they had access to vital health check-ups and consultations. At the camp, a wide range of health services were available, including checks for blood sugar, blood pressure, thyroid levels, and cholesterol. Doctors were on hand to provide consultations, helping attendees understand their health better and address any concerns they might have. In addition to these services, free dental check-ups were offered, allowing participants to receive important oral health care. The School of Dental Sciences also participated by providing expert assessments and treatments. Mental wellness counselling was another crucial aspect of the camp, with support offered by the Department of Applied Psychology from MRIIRS. This service aimed to help individuals manage stress and mental health issues, emphasizing the importance of emotional well-being alongside physical health. For women aged 40 and above, mammography services were provided to screen for breast cancer, an essential preventative measure. A total of 120 parents benefited from various health check-ups, while 20 women underwent mammography. The mega health camp was a significant success, bringing together healthcare professionals and the community to promote overall well-being. It not only highlighted the importance of regular health screenings but also reinforced the commitment of the Dr. O P Bhalla Foundation and its partners to support the health of families in the community.



- **MRIIRS in association with Dr. O.P. Bhalla Foundation Organizes Hepatitis Booster and Tetanus Camp at MRDC (20-11-2023)**

On November 20, 2023, MRIIRS and Dr. O P Bhalla Foundation organized a health camp focused on providing Hepatitis booster shots and Tetanus vaccinations at the MRDC. This event was held in collaboration with Dr. Suraj Prakash Hospital, bringing together healthcare professionals and community members to promote important vaccinations. The camp aimed to raise awareness about the significance of these vaccines in preventing serious illnesses. Hepatitis is a viral infection that affects the liver, while Tetanus is a potentially life-threatening condition caused by bacteria. By offering booster shots, the camp helped ensure that participants had the necessary protection against these diseases. During the event, trained medical staff from Dr. Suraj Prakash Hospital were on hand to administer the vaccines and answer any questions from attendees. They provided valuable information about the importance of vaccinations and how they play a crucial role in maintaining public health. The health camp was a great success, allowing many community members to receive their vaccinations in a convenient and supportive environment. By organizing this camp, the Dr. O P Bhalla Foundation and Dr. Suraj Prakash Hospital demonstrated their commitment to enhancing the health and well-being of the community, helping people stay safe and healthy through preventive care.



- **Health and Mammography Camp Organized by Dr. O.P. Bhalla Foundation at MR Campus (18-11-2023)**

On November 18, 2023, MRIIRS and Dr. O P Bhalla Foundation hosted a Mega Health Camp and Mammography Camp at the MR campus. This event was organized in collaboration with the Faridabad Industries Association, Rotary Golfers Club, and Aditya Birla Health. The primary goal was to offer essential health services to the community, focusing on preventive care and early detection of health issues. At the camp, a

variety of services were available for participants. Women aged 40 and older could receive free mammography screenings, which are important for detecting breast cancer early. In addition to this, there were free eye tests to check for vision problems, and various health check-ups were offered, including blood pressure measurements, blood glucose tests, thyroid level checks, total cholesterol screenings, and pulmonary function tests. Participants also had the opportunity to consult with doctors, who provided valuable advice and information about their health. A total of 107 associates from MR took advantage of these health check-ups, demonstrating a strong interest in maintaining their health. Out of those, 25 women underwent mammography screenings, which can significantly help in catching potential issues early. The Mega Health Camp was a great success, providing vital services that contributed to the overall health and well-being of the community. By facilitating these check-ups, the Dr. O P Bhalla Foundation and its partners emphasized the importance of regular health screenings and preventive care, encouraging everyone to take proactive steps toward their health.



This initiative showcased their commitment to making a positive impact on the lives of individuals in the community.

- **Dental Health Camp , MRIIRS at Sheows Care Centre, Okhla (17-11-2023)**

On November 17, 2023, MRIIRS and Dr. OP Bhalla Foundation, guided by the respected Chief Patron Satya Bhalla Mam, teamed up with the School of Dental Sciences at MRIIRS to organize a Free Dental Camp at Sheows Care Centre, an old age home in Okhla, New Delhi. The main goal of this dental camp was to connect with the elderly residents and offer them essential dental care services. The team aimed to understand their oral health needs better and help them learn about the importance of dental hygiene. During the camp, a total of 53 residents were screened, which means their dental health was checked, and they received valuable education on how to take care of their teeth. Additionally, 17 patients received various dental treatments, including preventive care to stop problems before they start and restorative treatments to fix existing issues. For further care, some patients were referred to the School of Dental Sciences at MRIIRS, ensuring they received the comprehensive treatment they needed.



- **Health Initiative: Testing Haemoglobin Levels at Manav Rachna International Institute of Research and Studies (11-09-2023)**

In a significant health initiative, on September 11th, 2023, the Department of Nutrition & Dietetics at Manav Rachna International Institute of Research and Studies partnered with the O P Bhalla Foundation to conduct haemoglobin level tests for 1723 students and faculty members. The tests were administered by a dedicated team from Sarvodaya Health Care, aiming to assess individuals' readiness to donate blood and to identify those needing further nutritional counseling. Out of the total participants, more than 50% of the students were found eligible to donate blood, reflecting good overall health and adequate haemoglobin levels. For those who did not meet the criteria for blood donation, the Nutrition department will provide personalized counseling sessions.

These sessions will focus on improving dietary habits and ensuring optimal nutrition to enhance haemoglobin levels and overall health. This initiative not only promotes health awareness but also underscores the university's commitment to the well-being of its community members. By addressing haemoglobin levels through targeted interventions, Manav Rachna International Institute of Research and Studies aims to foster a healthier campus environment and contribute positively to the broader community health initiatives. Such proactive measures are crucial in promoting a culture of health and well-being among students and faculty alike.



- **Manav Rachna International Institute of Research and Studies and OP Bhalla Foundation Host Mega Blood and Stem Cell Donation Camp(15-09-2023 to 16-09-2023)**

On September 15th and 16th 2023, a collaborative effort between MRIIRS and OP Bhalla Foundation led to a successful Mega Blood and Stem Cell Donation Camp across B, I, and T blocks. A total of 1210 students enthusiastically participated in the blood donation drive, demonstrating their commitment to saving lives. Additionally, 178 students and faculty members pledged to donate stem cells through initiatives facilitated by Jeevan Dayni Foundation and Gene Bandhu Foundation. The event was supported by community organizations such as Rotary Heritage, Rotary Golfers, and Lions Club, highlighting a unified effort towards humanitarian causes. These camps not only promoted the importance of blood and stem cell donation but also strengthened the campus community's engagement in charitable activities. Such initiatives foster a spirit of altruism and solidarity among students and faculty, making a significant impact on healthcare initiatives beyond the university campus.





3. Environment Protection Related Activities

Manav Rachna International Institute of Research and Studies (MRIIRS), under the Dr. O.P. Bhalla Foundation, organizes various activities to protect the environment and promote sustainability. These include tree plantation drives, restoring green spaces, and creating awareness about environmental care. These efforts aim to involve students and the community in making the planet greener and healthier, supporting the goals of a sustainable future.

- **MRIIRS in association with Dr. O.P. Bhalla Foundation Conducts Workshop on Household Plastic Waste Management for 100 Students (2-04-2024)**

Dr. O.P. Bhalla Foundation, and MRIIRS organised a workshop focused on waste management, specifically targeting household plastic waste. This event was organized under the Foundation's Green Grah initiative, which aims to promote environmental awareness and responsible waste practices. During the workshop, students learned about the importance of managing plastic waste effectively and how it impacts the environment. The session included an interactive game that taught them how to segregate waste correctly, making the learning process fun and engaging. This hands-on activity helped students understand the different types of waste and how to dispose of them properly. The goal of the workshop was not only to educate the students but also to inspire them to take action. They were encouraged to practice waste segregation at home and in their colleges. Additionally, students were motivated to share what they learned with their families and friends, spreading awareness about the importance of reducing plastic waste and promoting a cleaner environment for everyone. This initiative aims to create a ripple effect, encouraging the whole community to adopt better waste management practices. About 100 students participated in the workshop



- **Sustainable activity for Design and guessing the name of the plant at Medicinal Garden (21-03-2024)**

On March 21, 2024, the Dr. O.P. Bhalla Foundation, in collaboration with the Manav Rachna Centre for Medicinal Plant Pathology and the Department of Biotechnology at Manav Rachna International Institute of Research and Studies, organized the "Sustainable Medicinal Garden Design and Name Competition" at the B-block Auditorium. The event began at 11:00 AM and aimed to encourage creativity in designing medicinal gardens on the campus. A total of 71 registrations were received, and 25 teams actively participated in the competition. This initiative is particularly exciting because the best designs will be selected for implementation, helping to create actual medicinal gardens on campus. The project will receive funding support from the National Medicinal Plants Board, which is part of the Ministry of Ayush, Government of India. This means that students' ideas can turn into real projects that benefit everyone at Manav Rachna.

During the event, participants showcased their innovative designs and ideas for sustainable gardens that could grow various medicinal plants. After the presentations, certificates of participation were awarded to all teams by esteemed guests, including Dr. N.C. Wadhwa, the Director General of MREI and a Trustee & Vice Chairman of the Dr. O.P. Bhalla Foundation; Dr. Pardeep Kumar, PVC & Dean of SET; Dr. Sarita Sachdeva, Executive Director & Dean of Research; and Dr. Nidhi Didwania, Director of MRCMPP & Professor of Biotechnology. This recognition not only celebrates the hard work of the participants but also encourages them to continue their efforts in promoting sustainability and the importance of medicinal plants.



- **Green Grah March to Raise Awareness on Plastic Segregation at Campus (8-02-2024)**

On February 8, 2024, MRIIRS and Dr. O P Bhalla Foundation organized a Green Grah March as part of its Green Grah Initiative. This event aimed to raise awareness about the importance of plastic segregation on campus, and it involved many enthusiastic volunteers. During the march, the volunteers encouraged MRites (students and staff) to reduce their use of plastic and, if they had to use it, to separate their plastic waste properly. This simple act of segregation can make a big difference in how plastic is handled and recycled. To engage the community further, the volunteers performed a street play that highlighted the harmful effects of plastic use and shared ways to avoid it. The play focused on how everyone can help eliminate plastic waste and recycle it responsibly, all while protecting our planet. This creative approach captured the attention of passersby and made the message more memorable. In addition to the awareness activities, the foundation took practical steps by placing handmade dustbins in every block of the campus. They urged everyone to use these dustbins specifically for plastic waste. The collected plastic will be recycled and transformed into benches, which will be placed around the campus and in other public areas. This not only promotes recycling but also adds functional furniture to the environment. The Green March proved to be an effective way to spread awareness and promote sustainable practices regarding plastic use and waste management. It showed that through continued efforts and collective action, we can tackle plastic pollution and protect the environment for future generations. By involving the community in this initiative, the Dr. O P Bhalla Foundation is making significant strides toward a greener and cleaner world.



- **From Waste to Wisdom: Manav Rachna International Institute of Research and Studies Sustainable Recycling Initiative (1-09-2023)**

On 1st September, Manav Rachna International Institute of Research and Studies (MRIIRS), in collaboration with O P Bhalla Foundation, initiated a remarkable recycling campaign focused on turning campus waste into educational materials. This joint effort involved partnering with Greenobin Recycling Pvt Ltd to collect discarded paper and cardboard from all corners of the campus. With careful oversight from Team Foundation, they successfully gathered a substantial 310 kgs of waste paper from B Block alone. This initiative not only enhanced the cleanliness of the campus but also demonstrated a proactive commitment to sustainability. The collected waste paper underwent processing and recycling by Greenobin Recycling Pvt Ltd, where it was cleverly transformed into notebooks and printing sheets. This innovative approach not only reduced the campus's environmental impact but also provided valuable educational resources for the institute's students and faculty. By spearheading such initiatives, Manav Rachna International Institute of Research and Studies and OP Bhalla Foundation are setting a positive example of how recycling efforts can create a cleaner environment while supporting educational goals effectively.



- **Plantation drive at the Manav Rachna International Institute of Research and Studies (7-08-2023)**

On August 7th, a meaningful plantation drive took place at the MR campus in collaboration with the Inner Wheel Club. The Club members and enthusiastic student volunteers joined hands to plant trees and participate in a green pledge, reaffirming their commitment to environmental conservation. Beyond just adding greenery, the drive aimed to instill a sense of community and shared responsibility among participants for maintaining a sustainable environment. The active involvement of dedicated volunteers and leadership from Dr. NC Wadhwa underscored the collective determination to create a greener and healthier campus environment for everyone to enjoy and benefit from.



- **Plastic Collection Drive (31-07-2023)**

On July 31st, MRIIRS and Dr. O P Bhalla Foundation launched the first Plastic Collection Drive marking a significant step towards environmental sustainability. The drive took place at three locations across the campus, urging staff members to segregate plastic waste at home and contribute it for recycling. A special acknowledgment goes to MRIIRS, for their substantial contribution to the collection of plastics. Moving forward, this drive will become a monthly event, emphasizing an ongoing commitment to reducing plastic waste and promoting recycling efforts within the campus community. The collected plastics will be recycled to create benches, which will be strategically placed at various locations on campus.

This initiative not only aims to beautify the campus environment but also demonstrates a proactive approach towards sustainable practices and environmental responsibility among staff and students alike.



• Awareness Programme on Plastic Recycling (23-07-2023)

On July 23rd, Manav Rachna Institute of Research and Studies & Dr. O P Bhalla Foundation in collaboration with United Springfields Welfare Association collaborated to organize a meaningful event called Sustainable Sunday under the Green Ghar Initiative. The primary objective was to educate and sensitize residents of Springfield about the critical importance of waste segregation and plastic recycling. Volunteers actively engaged with approximately 100 residents, promoting the G20 Initiative which focuses on environmental conservation. Youngsters were inspired through a Green Pledge and a Drawing Competition sponsored by Kotak, aimed at fostering awareness and creativity in sustainability efforts. The event also featured practical workshops on recycling plastic bottles into planters and learning the art of calligraphy. These



activities not only provided hands-on learning experiences but also encouraged participants to adopt eco-friendly practices in their daily lives. As a sustainable outcome, the Residents' Welfare Association (RWA) pledged to regularly collect plastic waste from residents and deliver it to Dr. OP Bhalla Foundation for recycling into useful items like benches. This collaborative effort exemplifies a community-driven approach to environmental stewardship, paving the way for a cleaner and greener Springfield.



• Greening Sector 45: MRIIRS Plantation Drive at Off Campus Hostel (17-07-2023)

On the 17th of July 2023, Manav Rachna International Institute of Research and Studies (MRIIRS) organized a plantation drive at the Off Campus Hostel located in Sector 45, Faridabad. The initiative was part of MRIIRS' commitment to environmental sustainability and community engagement. Over the course of two days, students, faculty, and volunteers gathered to plant a variety of trees and plants around the hostel premises. The selection of plants was carefully curated to suit the local climate and enhance the ecological balance of the area. This drive not only aimed to beautify the surroundings but also to contribute positively to the environment by improving air quality and promoting biodiversity. Participants were enthusiastic about their contribution towards creating a greener and more sustainable living environment for the hostel residents and the broader community of Sector 45. Such initiatives underscore MRIIRS' dedication to fostering environmental stewardship

and encouraging active participation in eco-friendly practices.



• Spread Awareness about waste Segregation at Manav Rachna Institute of Research and Studies (2-07-2023 to 15-07-2023)

During the period from 2nd to 15th July, interns from the Foundation and MRIIRS visited different departments. Their main goal was to raise awareness about waste segregation among the staff and faculty. Waste segregation means separating different types of waste like plastic, paper, and food scraps so that they can be recycled or disposed of properly. The interns also aimed to encourage everyone to participate in the Plastic Collection Drive organized by the Foundation. This drive focuses specifically on collecting plastic waste to prevent it from harming the environment. By visiting various departments, the interns hoped to inspire everyone at the campus to take simple but important steps towards a cleaner and more sustainable environment.





4. Equity and Diversity Activities

MRIIRS organizes a variety of activities to promote equity and diversity across different sections of society. These include special programs for students with disabilities, visits and performances at elderly homes, and gender sensitization workshops. Celebrations of Women's Day, Diwali, and Karva Chauth further enrich the cultural inclusivity on campus. These initiatives reflect MRIIRS's commitment to fostering an inclusive and respectful environment for all.



- **MRIIRS Student Participation in Wheelchair Cricket Premier League 2.0 (14-03-2024 to 16-03-2024)**

From March 14th to 16th, 2024, volunteers from the MRIIRS actively participated in the Faridabad Wheelchair Cricket Premier League 2.0. This exciting event was organized by the NCR Infotainment Association, with Radio MANAV RACHNA 107.8 serving as the radio partner, and took place at the Vijay Yadav Academy in Greater Faridabad.

The foundation's volunteers played a vital role during the tournament by providing encouragement and support to the players. Their active involvement not only made the event more inclusive but also created a warm and welcoming atmosphere for everyone. By assisting the athletes and cheering them on, the volunteers showcased the foundation's commitment to community engagement and support for individuals with disabilities. The dedication and compassion of the volunteers left a lasting impression on both the participants and the organizers.

Their efforts helped ensure the tournament was a success, and many expressed their heartfelt gratitude for the invaluable contributions made by the volunteers. This event highlighted the importance of inclusivity in sports and demonstrated how community support can make a significant difference in the lives of athletes, fostering a spirit of camaraderie and empowerment.

- **Celebration of International Women's Day Date of Conduct (7-03-2024)**

International Women's Day was celebrated on March 8th with great enthusiasm as part of a women empowerment initiative organized by the ICSSR, in collaboration with the School of Leadership Management and the Department of Student Welfare at MRIIRS. The event was honored by esteemed guests and highlighted the incredible contributions of women entrepreneurs who have flourished with the help of Self-Help Groups (SHGs). This celebration was a testament to the resilience and determination of these women. The Dr. O.P. Bhalla Foundation took this opportunity to honor these entrepreneurs, recognizing their achievements and inspiring others to follow in their footsteps. The distinguished Chief Guest, Dr. Rajshri Singh, an esteemed IPS Officer, shared her valuable insights and encouragement, setting a positive tone for the day's celebrations. She was joined by notable Guests of Honor, including Dr. N.C. Wadhwa, Dr. Sanjay Shrivastava, and Sh. Rajeev Kapoor, whose presence further emphasized the importance of supporting women's initiatives. In a heartwarming gesture, the foundation brought around 40 beneficiaries from Sneh Ashram, their adopted NGO focused on skill development for women. This highlighted their collaborative efforts to uplift women from diverse backgrounds. Through training programs and motivational speeches, these women were empowered to pursue their dreams and aim for significant achievements in their lives. This marked an important step toward gender equality and inclusive development. The Dr. O.P. Bhalla Foundation team expressed gratitude to Dr. Nandini Shrivastava and her team from the CDP for providing this valuable forum and opportunity, which contributed to the program's success. The event was a celebration of women's strength and potential, encouraging everyone to support and empower women in their communities.



- **Heartwarming Visit at SHEOWS Old Age Home (12-10-2023)**

On October 12th, 2023, student volunteers from Manav Rachna International Institute of Research and Studies embarked on a heartfelt visit to the new center of SHEOWS old age home near Kalindi Kunj. Their visit was filled with compassion and activities aimed at brightening the day for the elderly residents. The volunteers organized a drawing activity where they shared stories and engaged in light-hearted dancing and singing sessions with the residents. These interactions were not just about entertainment but about fostering meaningful connections and spreading joy. The presence of the volunteers and their genuine efforts to engage with the elderly left a lasting impact, evident in the smiles and gratitude exchanged throughout the day. Dr. Bhagat, the founder of SHEOWS, also addressed the volunteers, highlighting the importance of such visits in bringing happiness and companionship to the elderly. This experience served as a reminder of the profound value of human connection and the positive impact simple acts of kindness can have on individuals' lives, especially in elderly care settings.



- **Awareness Campaign on Women Hygiene and Sanitary Napkin Distribution (24-09-2023)**

On September 24th, 2023, Manav Rachna International Institute of Research and Studies and OP Bhalla Foundation joined forces to distribute sanitary napkins to over 250 women and girls in Mohabbatabad Village. As part of their initiative 'Give her Wings to Fly', the team from OP Bhalla Foundation, along with dedicated student volunteers, conducted a street play (Nukkad Naatak) focused on menstrual awareness and hygiene. This interactive session was

organized in collaboration with Satya Sai Foundation, which also facilitated a Narayan Sewa for the villagers. During the event, special attention was given to educating women about menstrual health and proper hygiene practices. More than 250 sanitary napkins were distributed, bringing the total distributed under this initiative to 27,000. This effort not only aimed to provide essential menstrual hygiene products but also to empower women with knowledge and resources to manage their health effectively. The collaborative efforts of Manav Rachna International Institute of Research and Studies, OP Bhalla Foundation, and their partners underscored their commitment to community welfare and women's empowerment, making a meaningful impact in Mohabbatabad Village and beyond.



- **Empowering Women: Menstrual Hygiene Drive at Badhkal Flyover Slums (14-08-2023)**

On August 14th, MRIIRS and Dr. OP Bhalla Foundation orchestrated a significant drive focused on menstrual hygiene and sanitary napkin distribution in the slums beneath the Badhkal Flyover. A dedicated team of student volunteers took the lead in spreading awareness about menstruation, emphasizing hygienic practices during periods, discussing issues like PCOD, and debunking common myths surrounding menstruation. The initiative was particularly impactful as it aimed to empower women and teenage girls in the area. A total of 900 sanitary napkins were distributed during the event, ensuring that women had access to essential hygiene products. What stood out was the enthusiastic participation of numerous first-year students from MR campus, who wholeheartedly embraced the cause and actively contributed to the success of the drive. This collaborative effort not only addressed a critical health issue but also fostered a sense of empathy and community support among participants.



- **Celebrating Diwali: Promoting NGOs and Artisans at MR Campus (9-11-2023)**

On November 9, 2023, Manav Rachna International Institute of Research and Studies (MRIIRS) and Team Dr. O P Bhalla Foundation came together to organize a vibrant Diwali Mela on the auspicious occasion of Deepavali. As part of the festivities, they set up a stall at the MR Campus, serving as a promotional platform for various NGOs and local artisans. The stall showcased a diverse array of products and artworks crafted by these NGOs and artisans, offering visitors a glimpse into their creative talents and initiatives. It provided a unique opportunity for attendees to engage with the artisans, learn about their crafts, and support their endeavors by purchasing handmade goods. By hosting such events, MRIIRS and Team Dr. O P Bhalla Foundation not only celebrated the cultural richness of Diwali but also demonstrated their commitment to community support and sustainable practices. The Diwali Mela served as a platform to highlight the meaningful contributions of NGOs and artisans, fostering a spirit of collaboration and empowerment within the campus community and beyond.



- **Celebrating Karwachauth at the Campus: Team Dr. OP Bhalla Foundation and Team CHR Collaboration (31-10-2023)**

On October 31, 2023, MRIIRS and Dr. OP Bhalla Foundation partnered with Team CHR to host a lively celebration of Karwachauth on campus. The collaboration was marked by the setup of diverse stalls offering engaging activities and delightful treats, creating a festive ambiance that resonated with all attendees.

The event garnered enthusiastic participation from faculty and staff, fostering a strong sense of unity and camaraderie among them. Beyond its cultural significance, the celebration highlighted the importance of community and mutual support within the campus environment.

By actively supporting such initiatives, Team Dr. OP Bhalla Foundation underscores its dedication to cultivating a dynamic and inclusive campus atmosphere. These occasions not only provide opportunities for cultural festivities but also serve as platforms for strengthening interpersonal bonds and nurturing the overall well-being of the school community. Such efforts exemplify the foundation's commitment to fostering a cohesive and supportive environment where every member feels valued and connected.



- **Holi Celebrations at SHEOWS Old age Home (23-03-2024)**

The volunteers from the MRIIRS, celebrated Holi in a joyful event with the residents of Sheows Old Age Home in Okhla. This special celebration was filled with laughter and warmth as the volunteers shared heartfelt moments with the elderly residents. They joyfully adorned the seniors with vibrant colors, creating a festive atmosphere. To add to the celebration, the volunteers distributed delicious gujiya sweets, a traditional treat enjoyed during Holi. Everyone joined in the fun, dancing and celebrating together, which created cherished memories for both the volunteers and the residents. This event was not just about the festival; it was a meaningful experience that highlighted the Foundation's commitment to spreading joy and building connections within the community. Additionally, the team from the Foundation took the opportunity to donate some curtains to Sheows Old Age Home, which were generously provided by the hostels team. This thoughtful gesture added a touch of care to the living space of the residents, further demonstrating the Foundation's dedication to supporting and uplifting the community. Overall, the celebration was a beautiful reminder of the importance of kindness and companionship, especially for the elderly.





5. Donation Drives

- Ek Mutthi Daan

Dr. OP Bhalla Foundation through its ISR activities tried to create a content society and in this fight, Manav Rachna Educational Institutions have always played a major role in helping us fulfill our Vision, Mission, and Objectives.

The Ek Mutthi Daan campaign program has been drawn from the life and times of the Founder Chancellor of MRIU, Dr. O P Bhalla. The Ek Mutthi Daan campaign started on Friday, March 28, 2014. Ever since then, the Ek Mutthi Daan initiative has been taken up by all constituents of the MREI family, to keep the noble movement going, so that 'no one sleeps hungry'. The foundation stands firmly committed to the cause of mass welfare and instilling the spirit of social and moral responsibility among the students.

Till date, we have donated 75000 kgs of Dry Grains to the underprivileged. This year we collected 27831 kgs of dry grains, which were donated to not only 22 NGOs & Units including our in-campus housekeeping staff, gardeners, security guards, construction workers, etc. Their blessings after receiving the grains will remain with all of us forever.



Details of Donations:

S. No.	Beneficiary Organization	Beneficiaries	Donation (kgs)
1	SHEOWS - Old Age Home	80	3000
2	Tau Devi Lal Old Age Home	70	1400
3	Red Cross De-addiction Center	8	160
4	Dayalpur Gurudwara – Langar	2400	2000
5	Hostel for Rescued Boys – Orphanage	65	1500
6	Global Orphanage Trust – Orphanage	30	600
7	Parnav Karuna Sangha – Orphanage	25	500
8	Earth Savior Foundation - Old Age Home	500	2900
9	Prabhat An Awakening - Home for Underprivileged Special Kids	33	495
10	ACGS - Animal Shelter	1000	1500
11	Housekeeping Team at MR Campus - Housekeeping Staff	218	3270
12	Housekeeping on Rolls at MR Campus - Housekeeping Staff	4	90
13	Security Team at MR Campus - Security Staff	62	930
14	Gardeners at MR Campus	26	390
15	Maintenance Team at MR Campus - Central Admin and Maintenance	46	690
16	MR Transport – Drivers	32	446
17	Construction Workers at MR Campus - Labour	154	2310
18	Prabh Asra – Mohali	75	460
19	People for Animal - Animal Shelter	85	500
20	Anadi Old Age Home - Old Age Home	750	1500
21	Bandar Wale	6	90
22	New Jan Sewa Canteen - Free Food Canteen	90	250
	Total	5759	27831

• Mega Donation Drive in the Auspicious Month of Kartika (23-11-2023)

On November 23, 2023, under the inspiring guidance of Madam Satya Bhalla Ji, the Chief Patron of MREI, the Dr. O P Bhalla Foundation organized a meaningful Mega Donation Drive during the auspicious month of Kartika. Following the wishes of Hon'ble Chairperson Dr. NC Wadhwa, the team, including Sh. Sarkar Talwar Ji, Director of Sports, and Ms. Ritika Singh, Secretary of the DOPBF, visited the SHEOWS Old Age Home in Okhla, Delhi, to deliver essential supplies. During their visit, the team donated a wide range of important items, such as rice, sugar, refined oil, rusk, spices, pulses, medicines, diapers, blankets, and much more. The total value of the donations exceeded Rs 1 lakh, highlighting the foundation's commitment to supporting those in need. The employees from Manav Rachna also contributed generously, providing a wheelchair, portable toilet seat, walker, sticks, bedsheets, clothes, and other vital items that would enhance the quality of life for the elderly residents. This collective effort aimed to address the various needs of the seniors at the old age home, ensuring they received not just daily essentials but also care and comfort. The donations provided both physical support and a sense of community, reminding the residents that they are valued and cared for. The heartfelt contributions and blessings from Madam Satya Bhalla Ji undoubtedly made a lasting positive impact on the lives of those living at SHEOWS Old Age Home. The event showcased the foundation's dedication to making a difference in the community and emphasized the importance of compassion and support for the elderly.



- **Distribution of Clothes, Stationery, and Essentials to Children at Rescue Home for Boys, Tikona Park (14-11-2023)**

On November 14, 2023, to celebrate Children's Day, the Team from the Dr. OP Bhalla Foundation visited the Rescue Home for Boys in Tikona Park, Faridabad. This home provides shelter for boys who have been rescued from child labor, giving them a safe place to live and grow. The volunteers from the foundation brought a variety of gifts for the children, including clothes, school supplies, games, and dry snacks like biscuits and rusks. These items were gathered through generous donations from MR students and other supporters. While at the home, the children had a wonderful time playing games and showing off their skills, which brought lots of joy and laughter to the day. The volunteers also had a great time interacting with the boys, making the visit a memorable experience for everyone involved.



- **Spreading Joy and Connection with specially-abled children at NGO Prabhat: An Awakening (14-10-2023)**

On October 14th, 2023, students from Manav Rachna International Institute of Research and Studies volunteered at Prabhat An Awakening, a shelter for special children who have been abandoned by their parents. The visit aimed to bring happiness and companionship to these children. During the visit, the volunteers distributed chocolates, frooties, and biscuits, which brought smiles to the children's faces. They also engaged the children in storytelling sessions, drawing activities, and fun-filled dancing and singing sessions. The interaction was not only about providing treats and entertainment but also about creating meaningful connections. The volunteers were encouraged to visit regularly to foster a sense of belonging and reduce anxiety among the children. This initiative highlighted the importance of empathy and community service, demonstrating how small gestures can make a big difference in the lives of others. The volunteers from Manav Rachna International Institute of Research and Studies left with a sense of fulfillment, knowing they had brought joy and positivity to the children at Prabhat An Awakening.





Institutional Social Responsibility

Annual Report

Academic Year 2023-24



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